

The TAILWIND Times

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Pride Month

Reported by: Jaedyne Filkins

Gay Pride, also known as Pride Month, is currently celebrated each year in the month of June to honor the 1969 Stonewall riots in Manhattan.

According to Google, "Gay pride or LGBT pride is the positive stance against discrimination and violence toward lesbian, gay, bisexual, and transgender people to promote their self-affirmation, dignity, and equal rights, increase their visibility as a social group, build community, and celebrate sexual diversity and gender variance."

The Stonewall riots were a tipping point for the Gay Liberation Movement in the United States.

In the United States the last Sunday in June was initially celebrated as "Gay Pride Day," but the actual day was flexible.

In major cities across the nation the "day" soon grew to encompass a month long series of events.

Pride Month is celebrated in many ways, such as LGBT pride parades and marches, rallies, commemorations,

community days, dance parties, and large festivals, such as Sydney Mardi Gras, which spans into several weeks.

Memorials are held during this month for those members of the community who have been lost to hate crimes or HIV/AIDS.

The purpose of the celebratory month is to recognize the impact that lesbian, gay, bisexual and transgender individuals have had on history locally, nationally, and internationally.

New York City completes the week of celebrations with the famous NYC Pride March down Fifth Avenue with more than a million spectators watching.

This event, one of the top 10 gay pride events in the USA is recognized as one of the world's best Gay Pride celebrations.

Color has long played an important role in the communities' history and expression of pride.

In Victorian England, for example, the color green was associated with homosexuality.

The colour purple (or, more

accurately, lavender) became popularized for the lesbian and gay communities with "Purple Power".

The pink triangle was first used by Hitler to identify gay males in Nazi concentration camps, and the black triangle was similarly used to identify lesbians and others deemed "asocial".

The pink and black triangle symbols were reclaimed by the communities in the early 1980s to signify strength of spirit and willingness to survive oppression.

As they gain acceptance of their rights, the symbols of oppression are gradually being replaced by the symbols of celebration.

By far the most colourful of our symbols is the Rainbow flag, and its rainbow of colours - red, orange, yellow, green, blue, and purple, which represent the diversity of our communities.

The first rainbow flag was designed in 1978 by Gilbert Baker, a San Francisco artist, in response to calls by activists for a symbol for the community.

Baker used the five-striped "Flag of the Race" as his inspiration, and designed a flag with eight stripes: pink, red, orange, yellow, green, blue, indigo, and violet.

These colours were intended to represent respectively: sexuality, life, healing, sun, nature, art, harmony, and spirit.

A lot of schools welcome the LGBT community. At Corning Painted Post High, there is a club that represents the LGBT community, called GALA.

GALA starts in September and meets once a month. Students can come and go as they please and just hang out with friends.

Senior, Jordyn Masey K. Baker says, "GALA has always been a place where you can express yourself and feel safe and everyone is so nice that you feel like they're sort of like family".

Jordyn also expressed her excitement for Pride Month when she said, "People may not always appreciate us or accept us however in June it is finally our month!"

Although high school seems to last forever, it doesn't. Seniors know better than any just how fast it can go by. Look out, you'll be graduating before you know it!

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"I'm a fruit loop in a world of cheerios" - Damien Horton, Junior

Wonder Woman Takes Over Theaters

Reported by: Samuel Woodhouse



Poster for Wonder Woman. Owned by Warner Bros.

The superhero genre (and the film industry in general, for that matter) has always been one dominated mainly by men.

That all changed last weekend, however, with the release of DC's newest outing in their film franchise, *Wonder Woman*.

The movie is the story of an Amazonian warrior princess who arrives on Earth to fight in World War I.

Wonder Woman made a big impact on the comics industry back when she was introduced, and now she's tying up her lasso of truth around the film industry.

The character is brought to life by Israeli actress Gal Gadot, making it a very popular movie in that part of the world.

Wonder Woman garnered the highest grossing opening weekend for a film directed by a woman (Patty Jenkins) of all time.

On a budget of \$150 million, it made just over \$200 million internationally in its first couple of days.

Critics and fans have given the movie glowing reviews as well, a stark contrast from the poor reception of DC's previous two outings, *Batman v Superman: Dawn of Justice* and *Suicide Squad*.

"It was a very good movie", says sophomore student, Kelly Hoyt. "It's nice to see a strong female figure in a movie in this day and age."

Wonder Woman is in theaters now!

This Week In History

On June sixth, 1944, 156,000 troops from America, Britain, and Canada landed on five beaches along the coast of Normandy, in what would become the turning point of the Second World War in the European Theater.

This was one of the largest amphibious assaults in history and was the beginning of Operation Overlord: the Allies' plan to open up a second front in Europe, weakening Germany's forces and causing them to surrender.

Nazi Germany invaded and took over France in 1940, before the Americans joined the war in December 1941.

By 1943, the Allied forces had begun to plan an invasion of Normandy across the English Channel.

After extensive planning, the invasion began as Allied troops stormed the beaches of Normandy, code-named Gold, Sword, Juno, Utah, and Omaha.

The troops were met with resistance from the German army, and over four thousand Allied troops were killed with thousands more injured or missing.

However, the Allies were successful in securing the beaches and began to liberate northern France.

By August, 1944, the troops reached the Seine River and liberated Paris. They then began to focus on invading Germany and forcing the Nazis to surrender.

On April 30, 1945, Hitler committed suicide as troops closed in from both France and Russia.

A week later, on May 8, 1945, Germany surrendered and World War II officially ended in Europe.

Fun Things to Do This Summer Nearby!

Reported by: Amya Birch

Summer can often be filled with doubt, make sure to spend this summer having fun!

So of course everyone wants to have fun in the summer!

There's so many things to do even if it's just staying at home and hanging out with friends.

There's colonial day the week of June 7th thru June 10th at Hodge man Park in Painted post, NY.

Everything will be there... food, rides, games, karaoke, even a beauty pageant so show up and have fun! Pools open on Tuesday June 6th as well at Denison park pool and Stewart pool.

There's bowling, Movies, ice cream shops, the mall, even home with family throwing a cookout.

There are so much other things to do outside Corning and Painted post too.

Amusement parks are a common fun summer time thing to do.

Six flags is a pretty awesome place to go they have locations in New York and New Jersey.

They have their own safari and a cable cars in the sky to take you around the park.

Another park to go to is Hershey Park in Hershey, Pa they have a cool tour that shows you the processes of how chocolate is made.

Dorney Park is another great place to go in Pennsylvania.

Things to Do Next School Year

Reported by: Erin Tucker

This year is coming to an end, and the last thing anyone wants to think about right before summer is returning to school in the fall.

Students should have already scheduled their classes for next year, but what about extracurricular activities?

Extracurricular activities look great on college applications, and they are a great way to get involved and meet new people.

Some ways to get involved are clubs and sports.

Sports are great because for some teams tryouts are not required.

For the sports cross country,

swimming, indoor track outdoor track, and bowling are sports that students can join and they won't have to tryout.

Most clubs also don't require tryouts. There are clubs such as Interact and Key Club, which are both clubs that students can join to get involved with volunteering.

Other clubs include Recycling club, Drama club, Bass club, and Paranormal club.

If students aren't interested in fall sports, consider the winter sports and spring sports to see if they are something that you would want to do.

If distance isn't the best choice, join indoor and outdoor track and sprint or participate in a field event.

If students are interested in a

sport that involves tryouts, tryouts are open to all students.

Junior Evan Doherty said, "I am going to make it my goal to join every club, every single club there is. How many is there, like 24? I am planning on doing key club, drama club, Corning rugby club. Is there even a chess club?"

Any student can participate in any club, and there are multiple clubs at the school so there is probably something that will catch the interest of different students.

Although it is something to think about, thinking about it can be delayed so everyone can enjoy their summer, and try not to think too hard about school.

Congratulations to the graduating class of 2017! We hope you have had a wonderful three years at CPPHS, and we hope you have an even better future. You all are destined for great things! We wish you all the best!

Class of...

The end of the year is an important time for everybody, but mainly seniors. Graduation, and getting closer to graduation is awfully scary.

Well, it's that time.. It's time to say goodbye to the class of 2017.

Congratulations ! You have made it. On behalf of the rest of CPP High School, we wish you the best of luck on closing this chapter and starting a new one in life.

Sometimes life can get hard and get you down, but don't worry, you can do anything you set your mind to.

Just like in Andy Grammer's song Keep Ya Head Up , " I know it's hard, know its hard , To remember sometimes, But you gotta keep your head up, oh And you can let your hair down, eh ..."

Here are a few tips for the incoming classes;

-Seniors of 2018 - This will be your year, make it count. You have made it this far, keep going. After almost 13 years you will be seniors!

Although senior year is the last year of your high school career, it is definitely not the time to slack off.

This is a big year that will determine your future. You have college applications, and for some, college classes already. Do not stress this year, it's your year to have fun.

-Juniors of 2019 - Juniors, sophomore year is no more. You are finally done with personal projects, no more Global regents.

This is the year that you will be looking into your future and choosing what you want to do in life. This is also your year to better yourself in your career field at BOCES.

-Sophomores of 2020 - Whew! Freshmen year of high school is over.

It wasn't that bad was it? Nah, you lived through year 1 out of 4. The best advice I can give to you is, never give up, in school or in life.

You have so much going for you. Take Sophomore year by its reins and make it count. You can do so much, make great impacts. Go out and make a change.

I just want to give a big thank you to Tailwind News and to you, who read the advice column.

I hope I was able to make an impact, even if it was a smile! Have a great summer and make it count!

-Tailwind Advice

Swimming Away the Brain

Reported by: Ariana Gleason

As summer is approaching and temperatures are progressively increasing, the swimming period is almost open.

Swimming has always been a popular summer activity to cool off and hang out with friends, or random people at the local pool if friends aren't your strong suit.

However, scientists at www.swimmingscience.com have recently discovered that swimming in the summer has been linked to lowered IQ's.

A recent statistical study took 200 students in high school, tested their IQ at the beginning of the summer, and then tested them after their normal

summer activities.

Amazingly, 35% of the students who swam at least twice over the summer had a decrease in IQ by up to 5 points!

Scientists are suggesting that students should swim less if they'd like to retain any information from the previous school year, since when people hit their heads to get water out of their ears information comes out as well.

However, they also offered tips for how to lower IQ loss, since such a high percentage lost points in the study they took.

Some of the tips include wearing ear plugs to keep the information inside of the brain and to keep water

out, so people are less tempted to shake their heads after swimming.

Another is to stay away from oceans, because the salt in the ocean can actually lower your IQ by dehydrating cells close to the brain.

Amanda Flick commented, "I definitely am going to follow the tips given by such a reliable website."

"Swimming isn't really my favorite thing anyways, so making these adjustments shouldn't be too hard."

Hopefully, fake news articles have brightened your second semester of the school year; make sure you have a fabulous summer!

#QUICKFACTS

What: Swimming can hurt the level of knowledge obtained from the previous school year, so swim wisely

When: During the summer kids spend a large apor-tion of time swimming in pools, lakes, and other bodies of water

Why: The amount of information learned and lost has increased as the amount of people who go swimming increased

Reaching Out for Help

Reported by: Anna Smith

Regardless of who's asked, most students will agree that school can be demanding, hectic, and difficult.

Between homework, extra curricular activities, and socializing with peers, it's easy to neglect personal well-being.

When this happens, a person may not be aware of it at first.

For many, this is the unfortunate truth; a world built on succumbing to the will of others, the deprivation of one's innermost desires and necessities acting as its foundation.

Upon realizing this self-inflicted negligence, the individual in question will spiral into a

prolonged state of oblivion, confusion, and depression.

For a loss of what to do, many people in this situation will typically keep these detrimental emotions locked away, and suppress them, both for their inconvenience ad all-consuming nature.

Such emotions weigh upon the mind and body in a way that is unforeseeable to human intuition, as this is where the expression 'it hit me like a ton of bricks' originated.

Even so, any carrier of this viral mentality comes to know its devastating symptoms all too well, ironically unbeknownst to outsiders.

Sophomore Alisa Willis reflected on her personal experience with depression and what she did to cope with it, "I faced depression and anxiety in seventh grade, and it didn't go away until I entered

high school. I remember that talking with my friends and family helped me the most."

Expression through the word of mouth is arguably one of the more preferred methods of battling depression.

Other effective coping mechanisms include the usage of various creative outlets (drawing, painting, writing, singing, etc.), in addition to reflective meditation and partaking in athletic activities.

When a fellow peer is suffering from depression, lending an unbiased and supportive ear is the best way to help them in their time of need.

If unsure on whether or not to intervene, always ask yourself this question:

How will I feel knowing that I could have done something after it's too late?

Summer Tunes

Reported by: Jaquelle Queenan

One of the best things about summer, besides the endless supply of watermelon and countless days beside the pool, is the new music.

Last summer's favorites consisted of super upbeat songs that no one could help but sing along to.

What will 2017 summer's top 10 be like?

If the music stays consistent, then a typical playlist will involve chill, laidback tunes that are perfect for the days where everyoe just wants to lay out in the sun and relax.

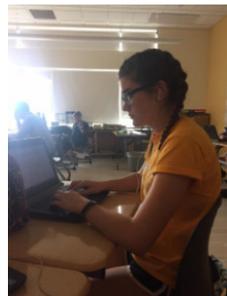
Artists like, Migos, Chance the Rapper, Justin Bieber and more have been on a roll with producing new music that everyone seems to love.

Taylor Slavin thinks this is going to be the summer of "pop/hip hop" with artists like "Bebe Rexha, Drake, and 6lack".

So, hopefully they continue on with the good

work and come out with great songs for the summer.

Luckily summer is so close that we won't have to wait long to find this out.



Here Taylor Slavin listens to Bebe Rexha, who she thinks will make some great music for this summer

Regents Exams

Reported by: Samuel Woodhouse

Regents exams are always a huge deal for students when they come around.

Most classes revolve entirely around passing the corresponding Regents exam, so there's high stakes and stress that usually go along with them.

Freshman normally take the Biology and Algebra Regents, which introduces them to how the tests work.

Sophomores take either Earth Science or Chemistry, along with Global History, Foreign Language, and Geometry.

Juniors are required to take the Literature and Algebra II and Trigonometry exams.

Seniors typically take American History.

While these are the normal case scenarios, there are many students who take certain exams a

year early, or take different exams entirely.

The general consensus among CPP students is that Regents exams are not fun.

The idea of finishing school and then having to come back for exams over the next two weeks is not a popular one.

"It is certainly a low blow," says sophomore student, Quintin Fisher.

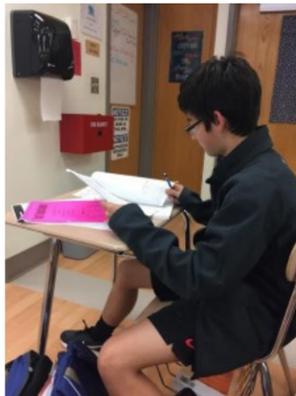
"Back in elementary and middle school, the last day of school was the last day of school. It was a blast.

"Now no one can really have any fun on the last day because they are stressing about their exams." Quintin is taking Global, Geometry, Spanish, and Literature this year, along with many other sophomores.

Some students like Regents exams, like Mark Parsamian,

another sophomore, "It's an opportunity to put everything you've learned during the school year to the test. It's great!"

The last day of school is on Monday, June 12th, and will be followed by two weeks of testing.



Sophomore Sean Tovey studying avidly for his Chemistry exam

The End Of An Era

Reported by: Jacob Gross

On June 23, Corning Painted Post High School will finally bid farewell to the remaining Vikings and Trojans.

Four years ago, Corning West High and East High combined with the former morphing into the new middle school.

Two seniors were selected to answer three questions- What their high school careers have been like since freshman year; Do they think there's still an Viking/Trojan rivalry; If they had the choice of four years of West or East, what would they pick?

"My high school career was okay," senior Garrett Dupree said, "but going from West to the combined school was a big change. And not being used to so many people, it was hard to get used to it and I feel it was fine the way it was before.

"Yes for sure [there is a rivalry]. After this year,

I don't think there will be because all of this year's graduating class is all that is left of the East and West people," Dupree stated.

"The others all were combined. Id for sure pick West over the combined schools because it was so much easier and less crowded as West. Plus, we had a lot more privileges and freedoms at West"

Trojan senior Bailey Basham had some different views on the subject, "The atmosphere of East was a lot different [than the combined school] but I think it was because of all of the construction when they were trying to merge.

"Now that everything's over and the merge has calmed down I think it's better together! You get the chance to meet a whole new group of people you wouldn't be able to meet.

"I personally think there isn't a really a rivalry

anymore, because when we went to East or West, we had combined sports teams," said Basham. "We never got the real rivalry, therefore it made the combination of schools easier.

"Before we merged, I wasn't happy about it and I thought it would be horrible! However now that the merge has happened, I think it was a great decision.

"I would know half the people I know now, plus I feel like I'm a part of history a little. It's cool to say that you're the last graduating class that ever went to East or West!"

Getting Closer to Graduation

Reported by: Erin Tucker

Another year of High School is completed, and for some of students they have three more, others are halfway done, and for seniors it is their last year at CPPHS.

Having completed a full year of High school can be overwhelming for students who are going into their last year, and it can also be accomplishing if you get good grades, do well on your finals and participate in the extracurriculars throughout the year.

An end to the school year means students have the summer to recuperate and relax, and next year is a new start, with new classes and new opportunities.

Juniors this year are going to be seniors next year, which means that college is right around the corner and their

high school years are coming to an end.

Junior Joy Panicek said, "I'm excited to be able to rest for the summer and I am looking forward to having open campus next year.

"I am kind of scared to graduate but I know it has to happen, and I am looking forward to going to college."

The end of the year for many students is a turning point because it is one year closer to the end of High school.

For those students who are advancing a grade, congratulations on completing another year of High school and have a great summer.

For those who are graduating, good luck with college and hopefully your High school years were memorable.

Weather report 6/9 to 6/15

6/9- Partly cloudy. High of 78

6/10- Morning clouds with afternoon sun. High of 80

6/11- Mostly sunny with a high of 93. 10% chance of precipitation

6/12- Partly couldy, high of 92.50% humidity

6/13- High of 83. Partly cloudy with a 20% of rain

6/14- Scattered thunderstorms with a high of 87

6/15- Scattered thunderstorms, high of 84. 63% humidity

To Cram or Not to Cram

Reported by: Ariana Gleason

This may be the last week of school, but next week is jam-packed with finals, regents, and stress. (Oh my!)

However, the stress can easily be eliminated through studying methods that can help anybody study for a test.

So, the best way to cram is not to cram at all!

The best way to study is to do so in 15-20 minute intervals instead of devoting an entire day to one topic.

"I always learn better when I space out studying. Whenever I try to cram I remember little things instead of the important stuff," says Braiden McDaniel, who agrees with scientists who state the same things based on

statistics. Another important tip is

to do practice problems, and not just study old stuff.

Doing practice problems trains your brain to understand different types of problems, while studying old stuff wouldn't provide that same type of training.

"I've always found that doing practice problems is more helpful than just studying what the teacher does on the board, no matter what subject," junior Quinnylynn Spencer commented on the subject.

"Doing practice regents has definitely helped me feel more prepared for the tests ahead," said Spencer.

An odd way to study is to change studying locations.

So, after taking interval breaks, move around a bit when studying. Since the weather is so nice out, try going outside or near a window, because natural sunlight also improves retention.

While exams can be stressful and overwhelming, there are ways to counteract that stress and get at least a passing grade on the regents, which should be fairly doable anyway because some of the regents have absolutely gigantic curves.

Goodbye High School

Reported by: Pearl Cooper

The end is near. After ten seemingly endless months, the school year is finally over.

All that's left is the rest of today and one measly Monday.

For seniors, it is the last Monday of their high school careers.

So, have seniors gained anything from their four years of high school?

Probably. Between the massive amounts of regents exams, AP exams, and IB tests, students must have gained some amount of intellectual knowledge.

Algebra can be used in college next year, trigonometry can be used to

calculate the size of a mountain, the possibilities are endless.

However, it can be argued that the most valuable lessons learned from high school have little to do with the size of the Mongol Empire, or with finding the 'x' in math.

Senior Emily Niu said, "My favorite part of high school was meeting new friends and creating memories that will last forever, but I also really liked it when they told me I was Valedictorian."

Similarly, the most influential moments of high school can actually be the ones that seemed insignificant

when they were happening.

Senior Maeve Holman recalled, "My favorite memory of high school is wandering the halls with Celine Martuscello during our lunch study halls sophomore year."

For those returning to CPPHS when the summer is over, remember you don't have to enjoy every moment of high school, and nobody is asking you to.

Just keep in mind that there is nothing quite like the high school experience, and that's probably a good thing.